



**THE THIRD AGE TRUST**

## Extraordinary General Meeting

21<sup>st</sup> March 2018, 10.30 until 15.30 · The Great Hall, University of Birmingham, B15 2TN

Please register online at [u3a-egm.eventbrite.co.uk](http://u3a-egm.eventbrite.co.uk) or call the National Office.

### **Programme – PLEASE NOTE SLIGHT CHANGES TO PROGRAMME**

10.30 Arrive, coffee, networking

11.00 Presentation by Graham Clark, Chair of the Governance Committee.

11.15 **EGM**

12.45 Presentation by haysmacintyre, auditors.

13.00 Lunch

14.00 **Panel debate – ‘The Great Ageing Well Debate’**

Chairman – Eric Midwinter, Founder of the U3A movement

Ageing well – Health: Janice L. Thompson, PhD, FACSM

*Head of School of Sport, Exercise & Rehabilitation Sciences  
Professor of Public Health Nutrition & Exercise, University of Birmingham*

Ageing well – Arts: Esme Ward

*Head of Learning and Engagement, The Whitworth and Manchester Museum  
Strategic Lead, Age Friendly Culture, Greater Manchester Ageing Hub  
Clare Fellow 2016-17*

Ageing well – Lifelong Learning: *speaker to be confirmed*

15.30 End